

The Art of Mandala • Umetnost Mandal • 2022

Collection • Izbor • Vanda Omeje • Gabrijela Železnik



Mir in sreča vsem.

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Peace and Happiness to All.

OSNJE MOJINE NEBA

Other modrice neba
oprazijo me na modrost sveta,
Kjer sem doma.

Voda mi opominja
na radost, radost in ljubezen,
Bilim glas, paje mi pesem,
"Pesem o Materici Ojstvi."
Če je postal me je na Zemljo.
Toda v ljubezni obpasa Matero Zemljo
brezposel oblačna strica k Ojstvi.

A REFLECTION OF THE SKY'S BLUE

The reflection of the sky's blue
Reminds me of the wisdom of the world,
Where I am home.
It brings back a memory
Of joy, grace and love.
I hear a voice, singing a song to me,
A "song about Mother and Father".
Father wait me on Earth,
But in the loving embrace of Mother Earth
I peacefully turn my face to Father.



www.manozelenci.net

Januar • January

2022

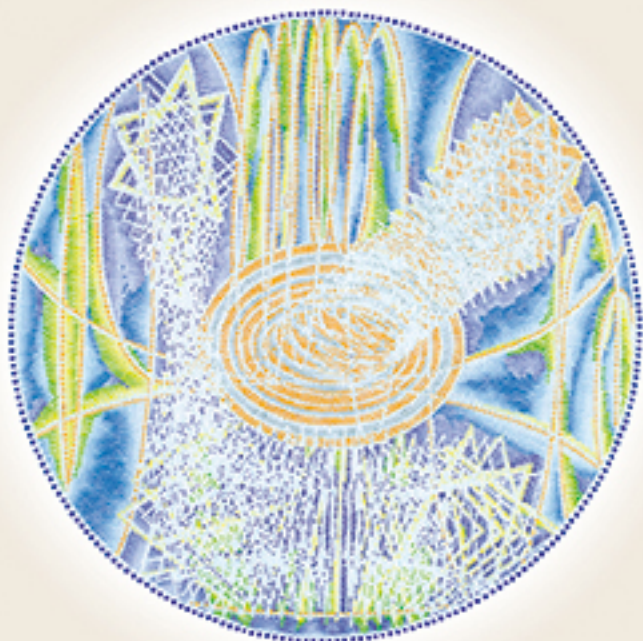
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OSTVARJALEC

*Prijetno in popolnost
in svetloga me čaka.
Pozdrav in hvaležno življenje
me srečujejo vsakdanj,
spen čar in lepota me navdušujeta.
V življenju se vznemim,
da sem navdušen
in da navdušujem.*

THE CREATOR

*I came from wholeness
And I know what awaits me.
The variety and colorfulfulness of life
Amuse me endlessly,
Its charm and beauty make me happy.
I return into life,
To be inspired
And to inspire.*

Februar • February

2022

Januar / January

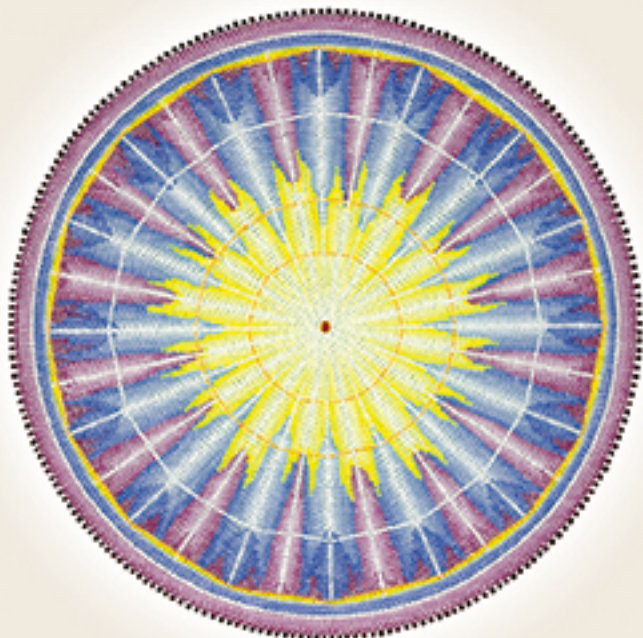
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CAS JE, DELEJ

Še ni rojca Lel,
 Milijona let ti še poljupa barba,
 In ti, kaj si?
 Na svetih milijon let?
 Prebudi se človek,
 Čas je šel, Delej!

IT'S TIME, ACT

I am your Light,
 For millions of years I have been sending you rays,
 And you, where are you?
 What are you waiting for?
 For another million years?
 Wake up, man,
 It's about time. Act!

Marec • March

2022

February / February

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www.marecfebruarij.at



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POSEM V SRCEU

Prisluhnem pesmi v mojem srcu,
Pesem je krič mojeg ljubezniha.
Njegov odzvon je ljubezen.
Njena postelja je čaravna svetloba,
kot sonce na nebu,
ki sije in kaže na pot življenja.

A SONG IN THE HEART

I listen to the song in my heart,
The song is a cry of my yearning,
Its odorous love,
The song's image is a glowing light,
Like the sun in the sky,
Which shines and points to the path of life.

April • April

2022

Marec / March

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STEBER ŽIVLJENJA

Zdravje, ki ga živim in vesnam,
 brez razlogov strah,
 poln ljubezni in radosti,
 delujem na tleh in nevihtih,
 živim vsem in vsem
 da sem odprt,
 ki se širi in razširja naprej.

THE PILLAR OF LIFE

The life that I live is not in vain,
 I am a strong pillar,
 Full of love and joy,
 I act on solid grounds,
 I have faith in me and I know
 I am a reflection,
 Which expands and spreads on.

Maj • May

2022

April / April

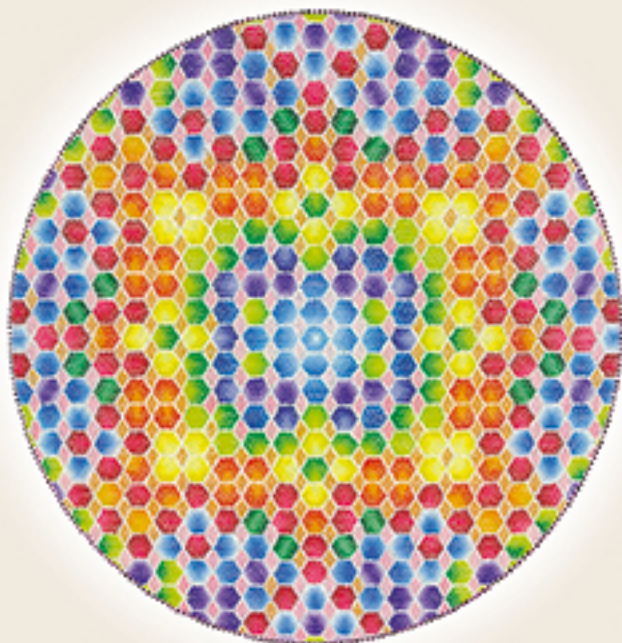
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VELEK OBILA

Spomenje de živies
naso te brezobk,
spodri voboe obila.
Te dajo You.

A SOURCE OF ABUNDANCE

Realization that I live
Only this moment
Triggers the source of abundance.
It gives All.

Junij • June

2022

Maj / May

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BELIEF LAURENCE

Puščki ostane se mi na stili,
 Najprej se mi:
 "Človek, kdaj boš spoznal
 da si ljubi ljubezni?"
 Tve si je dana,
 pa tako malo veseljek.
 Če kaj se postavlja nam,
 Dvojica ljubezni si ti včasih.
 Nostalgija in ljubezni,
 Daj, ljubi se tudi sami!"

A BEING OF LOVE

My gaze stays at a picture.
 It speaks to me:
 "Human, when are you going to realize
 That you are a being of love?
 You were given every thing,
 And yet you take so little.
 You set your own limitations.
 You are the ruler of your life.
 How you are lonely.
 Do love yourself, too!"

Julij • July

2022

Junij / June

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August / August

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VOJA

Sonce v meni žari,
iskre ljubavi pehi,
saj mol in volja
Gesa kanez me svoje sanjarja
iz vsega.
Sonce je volja,
ki me drži v višini.
V voljo brezpogojne ljubavi.

WILL

The sun inside me glows,
sprinkling sparks of love,
flowing power and will.
I go where the sun directs me
And where the heart leads me.
The sun is the will,
Which lifts me to the heights.
To the heights of unconditional love.

Avqust • August

2022

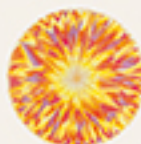
Julij / July

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VIŠOVANJE VESOLJA

Vesolje je v neprestanem tokovanju.
Se spreminja, širi in krči.
Vse to se dogaja tudi v znanju.
Od notranje trdnosti in stabilnosti
je odvisna njegova opazilnost.

THE UNFOLDING OF THE UNIVERSE

The universe constantly unfolds.
It changes, expands and shrinks.
All of this happens also in us.
On the inner strength and stability
Depends its influence.

September • September

2022

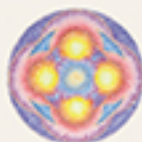
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PESTROST SVETA

*Podoben množici svet,
Opazim spetno pestrost in raznolikost
Spetost, svet me uči in navdihuje.
Uči me različenosti, raznovežja in ljubezni.
Upam, da ljubezen najdem in v srcu
in da sem ljubezen.*

THE DIVERSITY OF THE WORLD

*I am trying to understand the world.
I observe its diversity and variety.
I realize that the world teaches and inspires me.
It teaches me to differentiate, to understand and to love.
I find that love can only be found in the heart.
And that I am Love.*

Oktober • October

2022

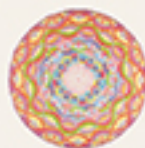
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November / November

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ISKRA LJUBEZNI

Pogled vnesem v neskončno,
v ogenj vidim klobuk nebe.
"neskončno dragoceno iskro ljubezni".

THE SPARK OF LOVE

I gaze into the infinite,
I see a part of me in it.
"An infinite precious spark of love".

November • November

2022

Oktober / October

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DOM V SVETLOBI

Opazujem te in spremljam:
 "Zakaj si v temi?" Pridi k meni!
 Sem v svetlobi,
 kjer je svet razsvetljen,
 kjer si svet in si svet.
 Vajša te k meni, v dom,
 v svetlobo, v srce ljubave.
 Ljubava moja, pridi k meni."

A BORN IN THE LIGHT

I observe you and see:
 "Why are you in the darkness?" Come to me!
 I am in the brightness,
 Where the light is everywhere,
 Where there are no shadows and no darkness.
 I invite you to me, into my home,
 Into the light, into my Love.
 My Love, come to me."

December • December

2022

November / November

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Kaj je Mandala

Mandala slovi kot vedno bolj življajoči in razvijajoči se simbolizirajoči simbol. Prve mandale so bile izdelane za najprej shranjevanje energije v obliki, nato za izražanje ljubezni in za ustvarjanje svetov, praznovanje, naj pa se končno pojavila prava mandala: geometrijski oblik, barv, figur, slik in slikovnih predstavitev, ki so bile ustvarjene za duševno in telesno oblikovanje posameznika.

Prve mandale so nastale v Indiji, Egiptu, Perziji, Aziji, vendar pa so se razširile po vseh delih sveta. Mandala je sestavljena iz več delov, ki so povezani s svetovno sliko. Mandala je po vsaki smeri od centra do periferije, kar pomeni, da je vsaka stran enako pomembna. Mandala je sestavljena iz več delov, ki so povezani s svetovno sliko. Mandala je po vsaki smeri od centra do periferije, kar pomeni, da je vsaka stran enako pomembna.

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What is Mandala

Mandala is the true path to balance, harmony and flourishing in the inner world in more and more present in the lives of contemporary people. Mandala can help us on this path of exploration and discovery of our inner and external world. With the combination of interconnected geometrical shapes, forms, colors and symbols, a mandala links us with the world and shows us the path to revealing our higher self.

The word "mandala" comes from the Sanskrit word "mandala". The symbol of a circle symbolizes perfection, wholeness, oneness. Mandala are constructed in a way so that the left and right parts of our brain are being equally active, forming our balanced and healthy parts. Gradually, both become one whole. From that state, mandala have used as being symbols for meditation, meditation, personal therapy, personal growth, personal and family. There are various techniques of meditation with mandala, as there are different religions, cultures, philosophical and artistic concepts.

Mandala are visual presentations of psychological states and spiritual stages and are a complex system that makes us all of us. The famous psychologist C. G. Jung used mandala to describe the symbolic representation of the human psyche, the essence of which is wholeness. He emphasized that these symbols are to be used to strengthen the inner being and to achieve deep meditation. Looking at mandala gives us a sense of being alive which tells us that life has been given a new sense and plans. The mandala has a double effect: it maintains the psychological order and restores it when gone.

In the modern times, more and more people discover the metaphysical reality of the world and this also the real value of mandala. For these symbols, which are translated through spiritual images into the visible physical world have a healing effect on people and the environmental around them.

Mandala bring harmony to our inner and outer world as a related and peaceful life. They inspire us, our relatives and all those who visit us at our house or office.



JUNG'S MANDALA OF A REPLICATION OF THE SELF'S SELF



MAYALABY THE CREATOR



C.G. JUNG'S MANDALA OF THE SELF



PRINCE OF HEART A MANDALA IN THE HEART



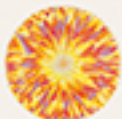
STRESS-BURNING THE PILLAR OF LIFE



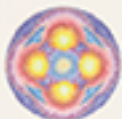
VIBRANT COLORS A MANDALA OF ABUNDANCE



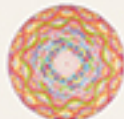
MINDFULNESS A MANDALA OF LIFE



WALLS WALL



MAGNETIC ENERGY THE ENLIGHTENMENT OF THE EYE



PROFOUND WISDOM THE WISDOM OF THE WORLD



MIRACULOUS THE WONDERS OF LIFE



BODY'S VIBRATION A MANDALA OF THE UNIVERSE

Meditacija s mandalo

V Indiji je bil vedno bolj življajoči in razvijajoči se simbolizirajoči simbol. Prve mandale so bile izdelane za najprej shranjevanje energije v obliki, nato za izražanje ljubezni in za ustvarjanje svetov, praznovanje, naj pa se končno pojavila prava mandala: geometrijski oblik, barv, figur, slik in slikovnih predstavitev, ki so bile ustvarjene za duševno in telesno oblikovanje posameznika.

Artwork of mandala, Vanda Ousep in Gabriela Zelenak

Mandala artwork Vanda Ousep in Gabriela Zelenak represent a new way of seeing the world and a new way of seeing the world. Mandala artwork Vanda Ousep in Gabriela Zelenak represent a new way of seeing the world and a new way of seeing the world.

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Mandala Meditations

In the mandala, choose the mandala that attracts you the most. Look in the center of the mandala. Close your eyes and stay focused on the mandala for at least five minutes to trigger the process of harmonization. Mandala has the same effect as a magnet. C. G. Jung found that it affects the dominant parts of our energetic bodies, triggering a rhythmic process in it, thus entering in harmony. This has been confirmed also by the experiences of people who use mandala.

Mandala artwork, Vanda Ousep, and Gabriela Zelenak

The mandala artwork by Vanda Ousep and Gabriela Zelenak definitely had a special place in the world of art. The artists have been working together since 1998, and ever since their artistic creations have inspired children, young people and adults. More than 80 exhibitions, together with several mandala books and mandala coloring books, show the constant creativity of these two artists as developing over time.

A special style of painting on glass using a brush and a small dot technique makes their creations even more unique, and the colorful stories of the mandala are additionally captured through their message written in various languages and reveal the meaning of individual mandala.

With mandala, we want to help people relax, achieve balance and awaken their consciousness, see the universe, realize that the center of mandala is to bring peace, joy, happiness and love back into people's hearts.

www.mandalavaga.si

The Art of Mandala

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